

# *Salves and Balms - catalogue*



# *Salves and Balms Mehana Herbals*



are prepared carefully with the very best intention to promote the healing properties of precious plants and natural products.

All the products are handmade by Kristina Höschlová, founder of the Mehana Institute.

Please, don't use if allergic to any of the components.  
Store in a dry and dark place at 4-22°C.



# *Arnica salve* - TRAUMA

Arnica is a famous natural remedy for musculoskeletal trauma. This precious plant grows up to 3000 m on alpine meadows on nutrient-poor soils. It has remarkable analgesic, anti-inflammatory, anti-edematous, antimicrobial, antioxidant, and immunomodulatory activity. Arnica represents a valid alternative to non-steroidal anti-inflammatory drugs. Carefully collected in the upland Alpine area before the peak of the blooming.



## Indications:

Contusions, hematomas, tendinitis, sprains, joint pain, muscle aches, bruises, burns.

Ingredients: Organic virgin olive oil and organic sunflower oil, organic pure beeswax, *Arnica montana*.



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Best before:

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# *Lavender- Geranium Salve*

- NOURISHING

The unique blend of Lavender and Geranium accentuates the antimicrobial, antioxidant, anti-inflammatory, analgesic, relaxing and anxiolytic properties of both medicinal plants. The healing benefits are enhanced by the extraordinary aromatherapeutic scent.



Indications: Lip nourishing balm. Indicated also for dry skin, irritated skin, wounds, bruises, eczema and scars.

Ingredients: Organic virgin olive oil and organic sunflower oil, organic pure beeswax, *Lavandula hybrida*, *Pelargonium graveolens*.



*Ingredients:*  
Organic virgin olive oil and organic sunflower oil, organic pure beeswax, *lavandula hybrida*, *pelargonium graveolens*.

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# *Helichrysum Salve* - HEALING

*Helichrysum italicum* has numerous remarkable medicinal properties, including anti-inflammatory, photoprotective, wound-healing, regenerative, soothing and anti-aging effect. Carefully collected in the Mediterranean area at the peak of the sunny season.

## Indications:

Dry skin, irritated skin, wounds, bruises, burns, eczema, scars, frostbite.

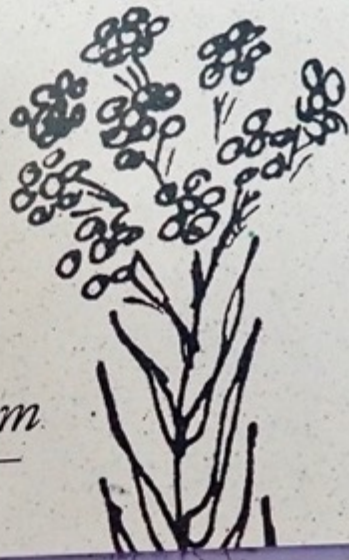
## Ingredients:

Organic virgin olive oil and organic sunflower oil, organic pure beeswax, *Helichrysum italicum*





*Mast Helichrysum*  
HOJÍCI



Složení:

Bio panenský olivový olej a bio slunečnicový olej,  
přírodní čistý včelí vosk, *Helichrysum italicum*.

Pěčlivě připraveno s nejlepším záměrem předat léčivé  
účinky vzácných bylin a přírodních produktů. Ručně  
vyrobena Kristinou Höschlovou, zakladatelkou  
Mehana institutu.

Prosím, neužívejte při alergii na kteroukoliv ze složek.  
Skladujte na suchém a tmavém místě při teplotě 4–22°C.

Datum spotřeby:

*Helichrysum italicum* (smil italský) má řadu  
výjimečných léčivých vlastností, jako jsou např. pro-  
tizánětlivé, fotoprotektivní, rány hojící, regenerační  
a zklidňující účinky a působí proti stárnutí pleti.  
Pěčlivě sbíráno ve středomořské oblasti v období  
letního slunovratu.

Indikace:

suchá a podrážděná pokožka, rány, pohmožděninny,  
popáleniny, odřeniny, ekzémy, jizvy, omrzliny.





# *Propolis salve* - ANTIMICROBIAL

Propolis is a resinous mixture that honey bees produce by mixing saliva and beeswax with exudates from tree buds, sap flows, or other botanical sources. Propolis possesses antioxidant, anti-inflammatory, immunomodulatory, antibacterial, and antiviral properties and is considered as a powerful natural antibiotic.



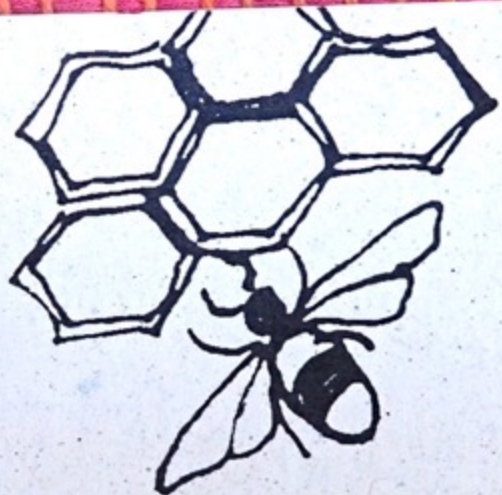
## Indications:

Wounds, bruises, eczema, blains, infected acne, scars.

Ingredients: Organic virgin olive oil and organic sunflower oil, organic pure beeswax, propolis.



*Propolis Salve*  
ANTIMICROBIAL



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Ingredients:

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# Wood Essences - Balm

- AIRWAYS CLEARING

This specific balm presents antiviral, antimicrobial, and anti-inflammatory properties. The unique blend of wood essences and Mediterranean plants serves as an excellent natural remedy to clear the upper airways and to prevent and relieve flu symptoms. Apply a small amount under your nostrils and/or do an external massage of your throat and periauricular areas.



## Indications:

Aromatherapeutic and massage balm for preventing and relieving symptoms of flu.

Ingredients: Organic virgin olive oil and organic sunflower oil, organic pure beeswax, essential oils of *Pinus sylvestris*, *Abies alba*, *Eucalyptus radiata*, *Citrus limon*, *Rosmarinus officinalis*, *Lavandula latifolia*, *Myrtus communis*



Wood  
Essences  
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Best before:



# *Rose-Coconut Lip Balm*

- NOURISHING



Soothing and nourishing balm for the lips. This unique blend of rose, coconut, and bergamot scent evokes feeling of warmheartedness, generosity, and joy.

Indications: lip nourishing balm, aromatherapeutic agent.

Ingredients: Organic coconut oil, organic almond oil, organic pure beeswax, *Rosa damascena*, *Citrus aurantium var. bergamia*



Rose-  
-Coconut  
Lip Balm

NOURISHING



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# Pricelist

Valid from 20.8.2024

	<i>BIG 15 ml</i>	<i>Small 5 ml</i>
Arnica Salve	12 €	-
Lavender-Geranium Salve	12 €	4 €
Helichrysum Salve	-	4 €
Propolis Salve	-	4 €
Wood Essences Balm	-	4 €
Rose - Coconut Lip Balm	-	4 €
Olibanum Salve	-	4 €
Joint Balm	12 €	-

Your orders, please, send to [MehanaHerbals@gmail.com](mailto:MehanaHerbals@gmail.com). Thank you!  
We ship to all EU countries.