

Mediterranean Edition

Catalogue

Mehana®



HERBALS

Exclusive Mediterranean Edition



Plants not only carry active chemicals with medicinal properties but, like other living forms, contain much more information that reflects their living conditions.

The harsher natural environments, the **stronger the immune system** the wild plants develop.

Plants embrace all the natural elements of the place they grow in.

The natural products for the exclusive ***Mediterranean Mehana Herbals Edition*** originate from specific areas of the Mediterranean islands and are processed by local families into precious oils.

Exclusive Mediterranean Edition



Oils and balms carry the **Sun's** heat, the **air's** purity, the **wind's** relentlessness, the value of scarce **water**, and the richness of highly mineralized **soil**.

All the *Mehana Herbals* products are carefully prepared with the very **best intention to promote the healing properties** of precious plants and natural products.

Every item is **handmade by Kristina Höschlová**, founder of the Mehana Institute.

...

The products should be stored in a dry and dark place at 4—22°C.





Lavandula hybrida Essential Oil

This precious essential oil has been derived from wild lavender growing in the pristine nature of Croatian islands.

Lavandula hybrida is a cross of two species *L. angustifolia* and *L. latifolia* and unites the valuable medical properties of both.

The wildly grown herbs connect us to all the natural elements they carry within.

In this essential oil, you can feel:

- the fresh clear **sea air**
- the warmth of the **Mediterranean sun rays**
- the richness of the highly **mineralized soil**
- the preciousness of **unpolluted rainwater**

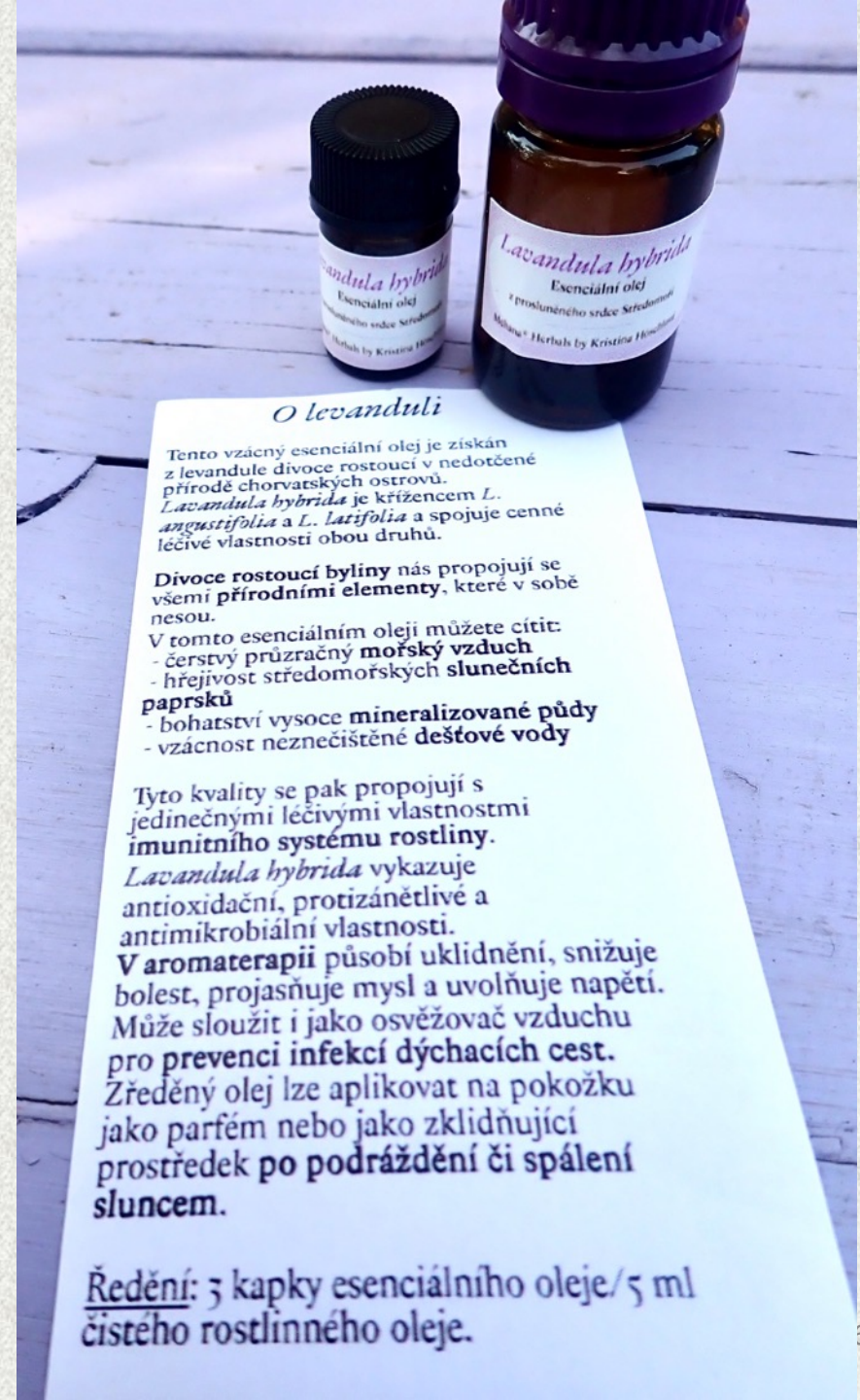
These qualities then unite into the unique healing properties of the plant's immune system. *Lavandula hybrida* presents with antioxidative, anti-inflammatory, and antimicrobial properties. In aromatherapy, it has an overall **calming effect, relieves pain, clears the mind, and releases tension**. It also serves as an air freshener promoting the prevention of respiratory infections. Diluted, it can be applied on the skin as a perfume or as a **soothing remedy after irritation or sunburn**.

Dilution: 3 drops of Lavender Essential Oil/5 ml of pure vegetal oil.





All the items are labelled also in English

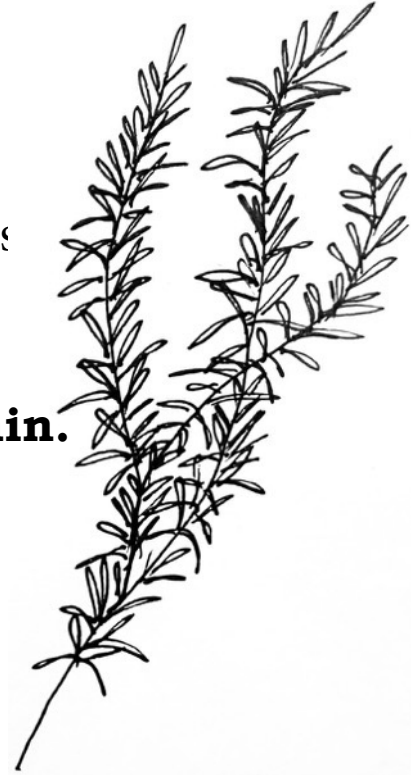


Ředění: 3 kapky esenciálního oleje/5 ml
čistého rostlinného oleje.



Rosmarinus officinalis Essential Oil

Rosmarinus officinalis, whose name comes from the Latin signification for “dew of the sea” (*ros marinus*) has been appreciated for its wide healing properties since ancient times. This precious essential oil has been derived from wild rosemary plants growing in the pristine nature of Croatian islands.



The wildly grown herbs connect us to all the natural elements they carry within.

In this essential oil, you can feel:

- the fresh clear **sea air**
- the warmth of the **Mediterranean sun rays**
- the richness of the highly **mineralized soil**
- the preciousness of **unpolluted rainwater**

These qualities then unite into the unique healing properties of the plant’s immune system. *Rosmarinus officinalis* presents with antioxidative, anti-inflammatory, antimicrobial, and cholagogue (bile-promoting) properties.

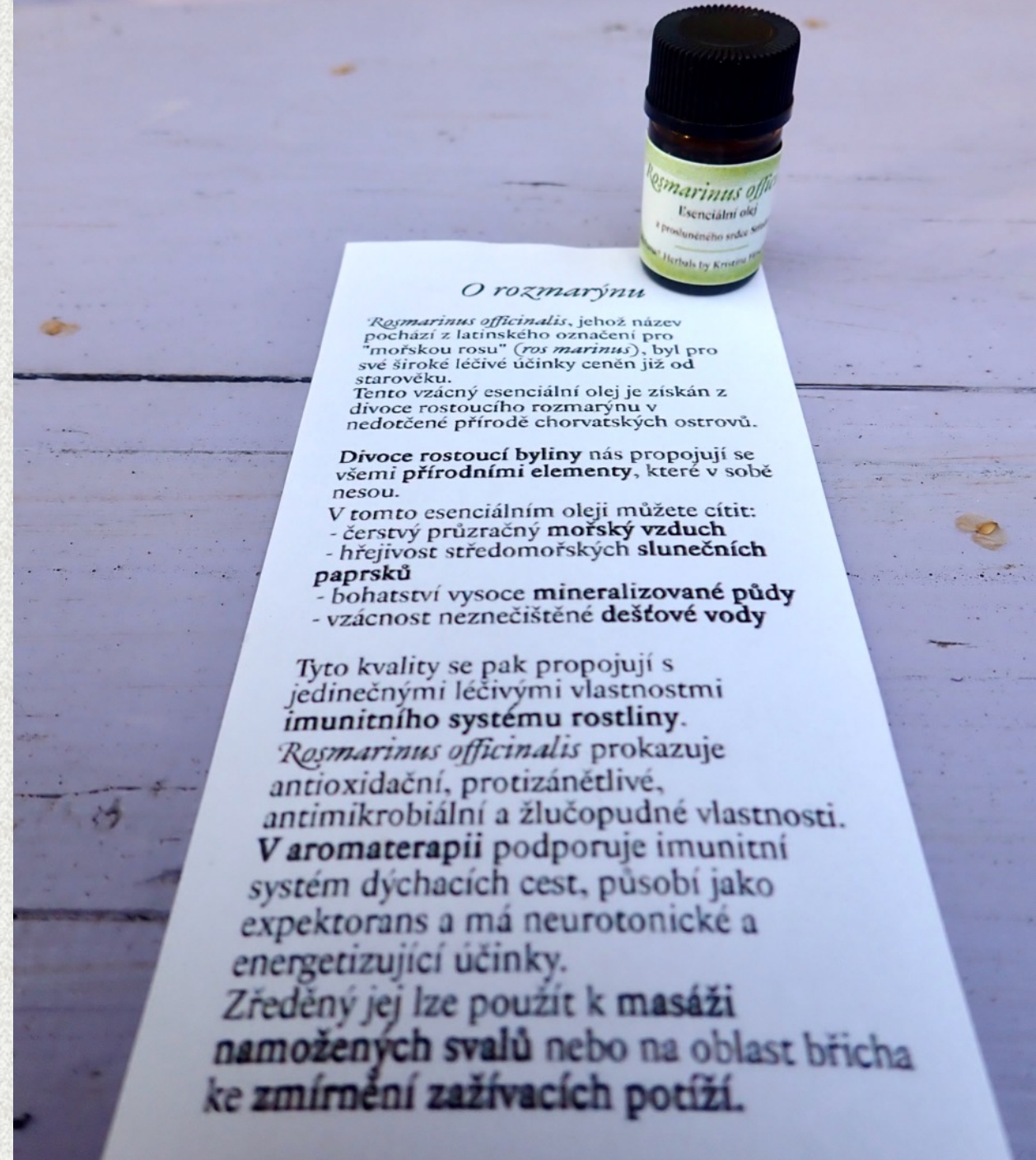
In aromatherapy, it **supports the immune system of the airways**, acts as an **expectorant**, and presents with a **neuro-tonic and energizing effect**.

Diluted it can be used **to massage strained muscles** or on the abdomen to **relieve digestive discomfort**.

Dilution: 3 drops of Lavender Essential Oil/5 ml of pure vegetal oil.



All the items are labelled also in English





Lavender - Helichrysum - Olive Oil

- SKIN REGENERATING, SOOTHING and HEALING

This precious oil unites the valuable properties of wild plants growing in the pristine Mediterranean nature. It is full of **sunshine, fresh air, clear water,** and **mineralized soil.**

Use on the skin **after sunbathing or a sunburn.** It **soothes pain** and skin irritation. Can be also used **after insect bites** or as a repellent.

Ingredients: Organic virgin olive oil and organic sunflower oil, *Lavandula hybrida*, *Helichrysum italicum*.





All the items are labelled also in English



Rosemary - Lemon - Olive Oil

- MUSCLE RELEASING, DIGESTION PROMOTING

This precious oil unites the valuable properties of wild plants growing in the pristine Mediterranean nature. It is full of **sunshine, fresh air, clear water,** and **mineralized soil.**

Use for massage of the **sore muscles** or apply on the stomach area to **relieve digestive discomfort.**



Ingredients: Organic virgin olive oil and organic sunflower oil, *Rosmarinus officinalis*, *Citrus limon*



All the items are labelled also in English



Lavender- Geranium Salve

- NOURISHING

The unique blend of Lavender and Geranium accentuates the antimicrobial, antioxidant, anti-inflammatory, analgesic, relaxing and anxiolytic properties of both medicinal plants. The healing benefits are enhanced by the extraordinary aromatherapeutic scent.



Indications: Lip nourishing balm. Indicated also for dry skin, irritated skin, wounds, bruises, eczema and scars.

Ingredients: Organic virgin olive oil and organic sunflower oil, organic pure beeswax, *Lavandula hybrida*, *Pelargonium graveolens*.



Ingredients:
Organic virgin olive oil and organic sunflower oil, organic pure beeswax, *lavandula hybrida*, *pelargonium graveolens*.

Prepared carefully with the very best intention to promote the healing properties of precious plants and natural products. Handmade by Kristina Höschlová, founder of the Mehana Institute.

Store in a dry and dark place at 4–22°C.

Best before:

The unique blend of Lavender and Geranium accentuates the antimicrobial, antioxidant, anti-inflammatory, analgesic, relaxing and anxiolytic properties of both medicinal plants. The healing benefits are enhanced by the extraordinary aromatherapeutic scent.

Indications:
Lip nourishing balm. Indicated also for dry skin, irritated skin, wounds, bruises, eczema and scars.



Helichrysum Salve - HEALING

Helichrysum italicum has numerous remarkable medicinal properties, including anti-inflammatory, photoprotective, wound-healing, regenerative, soothing and anti-aging effect. Carefully collected in the Mediterranean area at the peak of the sunny season.

Indications:

Dry skin, irritated skin, wounds, bruises, burns, eczema, scars, frostbite.

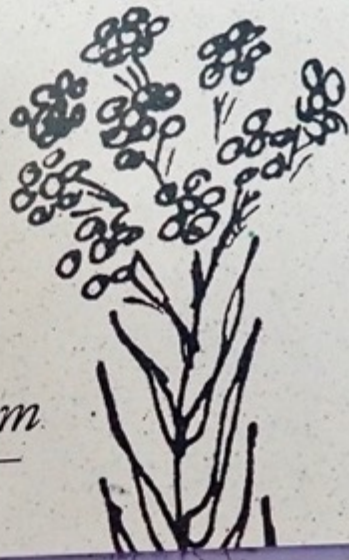
Ingredients:

Organic virgin olive oil and organic sunflower oil, organic pure beeswax, *Helichrysum italicum*





Mast Helichrysum
HOJÍCI



Složení:

Bio panenský olivový olej a bio slunečnicový olej,
přírodní čistý včelí vosk, *Helichrysum italicum*.

Pěčlivě připraveno s nejlepším záměrem předat léčivé
účinky vzácných bylin a přírodních produktů. Ručně
vyrobena Kristinou Höschlovou, zakladatelkou
Mehana institutu.

Prosím, neužívejte při alergii na kteroukoliv ze složek.
Skladujte na suchém a tmavém místě při teplotě 4–22°C.

Datum spotřeby:

Helichrysum italicum (smil italský) má řadu
výjimečných léčivých vlastností, jako jsou např. pro-
tizánětlivé, fotoprotektivní, rány hojící, regenerační
a zklidňující účinky a působí proti stárnutí pleti.
Pěčlivě sbíráno ve středomořské oblasti v období
letního slunovratu.

Indikace:

suchá a podrážděná pokožka, rány, pohmožděninny,
popáleniny, odřeniny, ekzémy, jizvy, omrzliny.



Pricelist

Valid from 20.8.2024

	<i>BIG</i>	<i>small</i>
<i>Lavandula hybrida</i> Essential Oil 5 ml / 2 ml	8 €	4 €
<i>Rosmarinus officinalis</i> Essential Oil 2 ml	-	8 €
<i>Lavender-Helichrysum-Olive Oil</i> 25 ml/ 10 ml	12 €	6 €
<i>Rosemary-Lemon-Olive Oil</i> 25 ml/ 10 ml	12 €	6 €
Lavender-Geranium Salve 15 ml/5 ml	12 €	4 €
Helichrysum Salve 5 ml	12 €	4 €

Your orders, please, send to MehanaHerbals@gmail.com. Thank you!
We ship to all EU countries.